



## Adventure Treks Nepal Everest Base Camp Trek Via Gokyo Lakes and Chola Pass April 2013

We have just returned from our second trek with Gyanendra and Adventure Treks Nepal. Our first trek was to the Annapurna Sanctuary in October 2010, we took our 3 sons and Gyanendra was our guide, we had an wonderful family experience and the boys loved the trek and Gyanendra, this time only my wife and I were able to find the time to go trekking, so it was without hesitation that we wanted to use Adventure Treks Nepal (ATN) again, and they did not let us down, they were brilliant!

Again the trek was organised to perfection, but when adjustments needed to be made they were immediately reorganising to maximise our experience. An example of this is when we arrived in Kathmandu flights to Lukla had been stopped for several days, and we had planned to spend 2 days in Kathmandu before starting our trek. After consulting with us ATN were able to get us on limited flights the next day and reschedule our itinerary. Flight's stopped again the next day and we would have been stuck but instead we were already away on our amazing trek. Gyan Karki, the manager of ATN was tremendous, his attention to detail was without fault, everything was as promised and superbly arranged and well executed.

Our guide Gyanendra is amazing, he is more than a guide has become a wonderful friend. His passion for the mountains, the history and life in Nepal is exceptional. Our well being and satisfaction was always Gyanendra's number one priority. During the trek he planned the day to suit us, he was flexible and booked tea houses in advance that were always the pick of what was available. He told us the best and safest meals to choose and was always monitoring our acclimatisation, on day 5 of our trek he kept us in Macchermo an extra day when we needed time to acclimatise then rearranged our itinerary for us with ease, and neither of us had any altitude sickness.

I can without hesitation recommend ATN to anyone who wants to go trekking in Nepal. Good honest operators are hard to find, and these guys are the best at what they do. We have many more trips to Nepal to come, and will always use ATN, Thank You Gyan and Gyanendra for another unforgettable holiday, we still have "very big smiles".

Best Regards, Martin and Amanda Moore

